

Concerned about your child's speech and language?

There are many ways to help children learn to talk and only some children will need to see a speech and language therapist for them to make progress.

At every stage you will be the best person to help your child on their journey to developing speech and language.

I have a concern that my child needs extra support to communicate

Does your child need extra support?

Click here for more ideas and advice >>

Want to help your child to talk?

All children can benefit from the strategies and activities parents can use

Click here for some ideas >>

I am still worried about my child's communication

Click here to find if they would benefit from additional specialist support >>



Want to help your child to talk?

These activities and ideas are designed to support all children

There are lots of useful resources on the websites below, all of which provide some great information on how to interact with your child and to help with their talking!

Weblinks

<https://www.nhs.uk/start-for-life/>

<https://www.startingwell.org.uk/>

<https://www.bbc.co.uk/tiny-happy-people>

<https://speechandlanguage.org.uk/help-for-families/>

<https://shop.speechandlanguage.org.uk/products/talk-together-booklet> (This is available in different languages)

https://www.livewell.cheshirewestandchester.gov.uk/Information/Top_Tips_for_Talking_Resource_For_Parents

<https://foundationyears.org.uk/files/2021/09/What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf>

There are also some great Social Media accounts that you could follow, who all provide some useful handy tips on communicating with your child as well

Social Media Links

Facebook:

Cheshire East Chatters
Starting Well

Instagram:

@thehanencentre
@bbctinyhappypeople
@literacy_trust
@speechandlanguk
@makaton.org

TikTok:

@bbctinyhappypeople
@literacy_trust



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I have a concern that my child needs extra support to communicate

Here are some ideas to give your child some extra help as well as the other activities we have shared. You can try these at home, but please have a chat to your child's nursery or setting for some extra support.

Things to try at home

This progress checker should give you an idea of how your baby or child is developing and whether you need some support or advice to help you. There are also links to ideas for activities that you and your child can do at home

<https://progress-checker.speechandlanguage.org.uk/>

You can also speak to your child's nursery or contact your local Starting Well team at the children's centre (<https://www.startingwell.org.uk/contacts>) to find out more about some extra activities, which may include:

Let's Play

These are free sessions for babies and young children under the age of five and their families. We have a range of activities on offer for children including mark making, messy play, books, music, sand and water play. Let's Play helps develop social skills, confidence and self-esteem whilst giving you the chance to meet other parents and carers and have fun!

Focus Groups

You may be referred to a focus group by a starting well practitioner, your child's nursery or speech and language. The group is carefully planned to support your child's individual development where you will get advice and support about how you can support their development through play at home.

Speech and Language Therapy Open Advice sessions at children's centres

Our CCICP Speech and Language Therapy Teams are also available for advice at children's centres. Please contact your local children's centre via the link above for more information.



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I am still worried about my child's communication

If you have tried all of the other activities, and still have concerns about your child's talking, please do speak to your child's early years setting, children's centre or Starting Well practitioner. They will help to guide your next steps.

They may suggest a referral to the specialist CCICP Children and Young People Speech and Language Therapy service. They will either make the referral for you or support you to complete this via the link below.

[CLICK HERE FOR THE ONLINE REFERRAL FORM](#)

Please continue to do all of the other activities that you have been doing so far to help your child.



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