Two Week Menu - AUTUMN 2024

Potato Wedges (GF available) Yorkshire Pudding dinner (G,M) (GF&DF) (Contains coconut) (G,F) Chips Baked Braccoli & Peas or (V) Sweed Baked Baked Baked Peas or (V) Sweed Fishcak (G,F) Sweed Fish	Potato Wedges Peas or (V) Baked		(GF available) Pasta (G)		Yorkshire Pudding dinner (G,M) Roast & Mashed		Thursday	Friday	
V Quorn Bolognale V Quorn Fillet dimer M3 & Mango Chutney (M) Bakec Reans (M) Bakec Reans V Quorn Fillet dimer V Quorn Fillet dimer V Vegetable/lentil (G.S.M)							(GF&DF) (Contains coconut) Broccoli & Cauliflower	Chips Potato Fishcake Peas or (V) (G, F) Baked Chips	
Korma Curry (M, W, S) Cheese Andwich (G, F, M) (G, F) (G, M)			V Quorp B	olognaise	Carrot	s/peas	M) & Mango Chutney		(V) Baked Beans
Cheese sandwich (GS,M) (GF,RM) (M) Tuna sandwich (GF,RM) (GF,RM) (GF,RM) (GF,RM) (GF,RM) (GF,RM) (M) Tuna sandwich (GF,RM) (GF,RM) (GF,RM) (GF,RM) (M) No school packed lunch (GF,RM) available No school packed lunch (GF,RM) (GF,RM) (GF,RM) (GF,RM) (M) Iblocolate Penny (EG) V Shortbread (G,E) (M) Jelly, or Cheese & Crackers (G,M) V Chocolate Crispy Cake Fresh Fruit & Yoghurt (M) Ginger Bicuit (G) Fresh Fruit & Yoghurt (M) Allergens: gluten – (inc. wheat, barley, oats (G), sesame (Se), soya (S), milk (M), fish (F), egg (E), mustard (Mu), celery (C) sulphite (Su) Vegetarian - V Thursday Friday V Tomato Basil & heese Pasta Bake (M) (DF&GF available) Sausage Roll (W, Su) Roast Chicken Gravy (G, S, E) Chilli Con Carne Baef Dotatoes (M) Beef (GF, (W) Chilli Con Carne Burger (GF (W) V Garden Peas & Sweetcorn V Baked Beans or Sweetcorn V Baked Beans or Sweetcorn V Quorn Chilli Con Carne (G) Southern Fried Quo Barger (G, M) V Cheese and Onion (GF, FM) (GF bread available) V Austores Sindwich (GF, FM) (GF bread available) V Quorn Chilli Con Carne (G) Southern Fried Quo Barger (G, M) V Cheese and Onion (GF, FM) (GF bread available) Cheese Tuna Sandwich (GF, FM) (GF bread available) Cheese Tuna					v quoin rinet uniner		Korma Curry		
sandwich (GS,M) waliable) sandwich (GF, Freid available) Sandwich			Jacket Pota	toes with V	Baked Beans,	V Cheese or	Tuna (M, F, E) each day		
(E,G) Fresh Fruit & Yoghurt (M) Fresh Fruit & Yoghurt (M) or Cheese & Crackers (G, M) Cake Fresh Fruit & Yoghurt (M) Fresh Fruit & Yoghurt (M) Allergens: gluten – (inc. wheat, barley, oats (G), sesame (Se), soya (S), milk (M), fish (F), egg (E), mustard (Mu), celery (C) sulphite (Su) Vegetarian - V Yoghurt (M) Presh Fruit & Yoghurt (M) V Tomato Basil & heese Pasta Bake (M) (DF&GF available) Sausage Roll (W, Su) Roast Chicken Gravy (G, S, E) Chill Con Carne Burger (G, S, E) Beef Burger (W) Chicken Burger (W) V Tomato Basil & heese Pasta Bake (M) (DF&GF available) Sausage Roll W Su Roast Chicken Gravy (G, S, E) Chill Con Carne Burger (G, S, E) Beef Burger (W) Chicken Burger (W) V Garden Peas & saweetcorn V Baked Beans or Sweetcorn Neat & Mashed potatoes (M) V Broccoll Peas or V Baked Beans Peas or V<	sandwich (G,S,M) (GF bread	sandwich (G, F, M) (GF bread	sandwich (G,S,M) (GF bread	sandwich (G, F, M) (GF bread	sandwich (G,S,M) (GF bread	sandwich (G, F, M) (GF bread	-	packed lunch option on a	
sulphite (Su) Vegetarian - V MEEK 2 : w/b 11.11.24, 25.11.24, 09.12.24 Monday Tuesday Wednesday Thursday Friday V Tomato Basil & heese Pasta Bake (M) (DF&GF available) Sausage Roll (W, Su) Roast Chicken Gravy (G, S, E) Chilli Con Carne Burger Beef Chicken Burger Burger Chills Chips Chips Peas or V Baked Based Peas or V Baked Beans Peas or V Baked Beans Peas or V Baked Beans Southern Fried Quo Burger (G, M) Gr (Gr M) Varger (G, M) Gr (Gr M) More available No school Maked lunch Gr, M) Gr (Gr M) Gr (Gr (Gr (Gr)) Southern Friday No school Southern Friday Southern Friday Maked lunch	Fresh Fruit &		Fresh Fruit & Yoghurt		Jelly, or Cheese &		Cake Fresh Fruit &	Fresh Fruit &	
heese Pasta Bake (M) (DF&GF available) (W, Su) Gravy (G, S, E) Burger (G, S, E) Garlic Bread (G) V Baked Beans or Sweetcorn No act & Mashed potatoes (M) No ecclose V Garden Peas & Sweetcorn V Baked Beans or Sweetcorn Roast & Mashed potatoes (M) V Broccoli V Cheese and Onion Lattice (W, M, S, Mu) V Quorn Fillet Dinner Lattice (W, M, S, Mu) V Quorn Chilli Con Carne (G) Southern Fried Quo Burger (G, M) Cheese sandwich (G, S,M) (GF bread available Tuna sandwich (G, F, M) (GF bread available Tuna sandwich (G, F, M) (GF bread available Bean and Cheese Hot Wrap (G, S, M) (GF bread available Southern Fried Quo Burger (G, M) V Raspberry Wuffin (M, G, E) Caramel (G, M) (GF bread available Sandwich (G, F, M) (GF bread available Sandwich (G, F, M) (GF bread available Sandwich (G, S, M) (GF bread available Sean and Cheese Hot Wrap (G, M) (GF bread available No school packed lunch option on a Friday V Raspberry Muffin (M, G, E) Caramel (G, M) Fresh Fruit & Yoghurt (M) Jelly, Fresh Fruit & Yoghurt (M) Iced Sponge (E, G) Fresh Fruit & Yoghurt (M) Chocolate Crunch (G) Fresh Fruit & Yoghurt (M) CRUMPET 45p CROISSANT 45p CROISSANT 45p TOAST 30p	V Tomato	Basil &	Sausan	e Roll	Roast	`hicken	Chilli Con Carpe	Reaf	Chicken
V Garden Peas & Sweetcorn V Baked Beans or Sweetcorn potatoes (M) Mixed vegetables V Broccoli Peas or V Baked Beans Peas or V Baked V (G, M) Peas or V Baked Beans Peas or V Baked Wrap Peas or V Baked Wrap Peas or V Baked Peas or V Baked	heese Pasta Bake (M) (DF&GF available)		(W, Su)		Gravy (G, S, E) Stuffing (G)			Burger (GF Option)	
Cheese sandwich (G,S,M) (GF bread available Tuna sandwich (G,S,M) (GF bread available Desce sandwich (G,S,M) Tuna sandwich (G,S,M) Bean and Cheese Hot Wrap (G,M) No school packed lunch option on a Friday V Raspberry Muffin (M, G, E) Fresh Fruit & Yoghurt (M) Caramel (G,M) Fresh Fruit & Yoghurt (M) Jelly, Or Cheese & Crackers (G,M) Iced Sponge (E,G) Fresh Fruit & Yoghurt (M) Chocolate Crunch (G) Fresh Fruit & Yoghurt (M) CRUMPET 45p CROISSANT 45p CRUMPET 45p CROISSANT 45p TOAST 30p		ead (G)	Herby Diced	l Potatoes		ng (G)	Rice	(GF Option)	Burger (W)
Cheese sandwich (G,S,M) (GF bread availableTuna sandwich (G,S,M) (GF bread availableTuna sandwich (G,S,M) (GF bread availableTuna sandwich (G,S,M) (GF bread availableBean and Cheese Hot Wrap (G, M) (GF bread availableNo school packed lunch option on a FridayV Raspberry Muffin (M, G, E)Caramel crispy cake (G,M) Fresh Fruit & Yoghurt (M)Jelly, Crispy cake (G,M) Fresh Fruit & Yoghurt (M)Iced Sponge (E,G) Fresh Fruit & Yoghurt (M)Chocolate Crunch (G) Fresh Fruit & Yoghurt (M)CRUMPET 45pCROISSANT 45pCRUMPET 45pCROISSANT 45pCRUMPET 45p		n Peas &	V Baked E	Beans or	Roast & potatoe Mixed ve	ng (G) Mashed s (M) getables	V Broccoli	(GF Option) Chips Peas or V Baked	Burger (W) Chips Peas or V Bakec
sandwich (G,S,M) (GF bread availablesandwich (G,S,M) (GF bread availablesandwich (G,S,M) (GF bread availablesandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)sandwich (G,S,M) (GF bread available)No school packed lunch option on a FridayV Raspberry Muffin (M, G, E) Fresh Fruit & Yoghurt (M)Caramel (G,M) Fresh Fruit & (G,M)Jelly, or Cheese & Crackers (G,M)Iced Sponge (E,G) Fresh Fruit & Yoghurt (M)Chocolate Crunch (G) Fresh Fruit & Yoghurt (M)Fresh Fruit & Yoghurt (M)(G,M) Fresh Fruit & Yoghurt (M)SanAck (G,M)SanAck (G,M)Iced Sponge (E,G) Fresh Fruit & Yoghurt (M)Chocolate Crunch (G) Fresh Fruit & Yoghurt (M)CRUMPET 45pCROISSANT 45pCRUMPET 45pCROISSANT 45pTOAST 30p		n Peas &	V Baked E Sweet V Cheese a	Beans or corn and Onion	Roast & potatoe Mixed ve	ng (G) Mashed s (M) getables	V Broccoli V Quorn Chilli Con	(GF Option) Chips Peas or V Baked Beans	Burger (W) Chips Peas or V Baked Beans
Muffin (M, G, E) Fresh Fruit & Yoghurt (M)crispy cake (G,M) Fresh Fruit & Yoghurt (M)or Cheese & Crackers (G,M)Fresh Fruit & Yoghurt (M)Crunch (G) Fresh Fruit & Yoghurt (M)SNACK (G)CRUMPET 45pCROISSANT 45pCRUMPET 45pCROISSANT 45pTOAST 30p	Swee	n Peas & tcorn	V Baked E Sweet V Cheese a Lattice (W,	Beans or corn and Onion M, S, Mu) toes with V	Roast & potatoe Mixed ve V Quorn Fi Baked Beans,	ng (G) Mashed s (M) getables Ilet Dinner V Cheese or	V Broccoli V Quorn Chilli Con Carne (G) Tuna (M, F, E) each day	(GF Option) Chips Peas or V Baked Beans	Burger (W) Chips Peas or V Bakec Beans ried Quo
CRUMPET 45p CROISSANT 45p CRUMPET 45p CROISSANT 45p TOAST 30p	Swee Cheese sandwich (G,S,M) (GF bread	Tuna sandwich (G, F M) (GF bread	V Baked E Sweet V Cheese a Lattice (W, Jacket Pota Cheese sandwich (G,S,M) (GF bread	Beans or corn and Onion M, S, Mu) toes with V Tuna sandwich (G, F, M) (GF bread	Roast & potatoe Mixed ve V Quorn Fi Baked Beans, Cheese sandwich (G,S,M) (GF bread	ng (G) Mashed s (M) getables llet Dinner V Cheese or Tuna sandwich (G, F, M) (GF bread	V Broccoli V Quorn Chilli Con Carne (G) Tuna (M, F, E) each day Bean and Cheese Hot Wrap (G, M)	(GF Option) Chips Peas or V Baked Beans Southern Fr Burger	Burger (W) Chips Peas or V Bakec Beans ried Quo (G, M)
CRUMPET 45p CROISSANT 45p CRUMPET 45p CROISSANT 45p TOAST 30p	Swee Sandwich (G,S,M) (GF bread available V Raspbe Muffin (M, Fresh Fru	Tuna sandwich (G, F M) (GF bread available erry G, E) it &	V Baked E Sweet V Cheese a Lattice (W, Jacket Pota Cheese sandwich (G,S,M) (GF bread available Cara crispy (G, Fresh F	Beans or corn and Onion M, S, Mu) toes with V Tuna sandwich (G, F, M) (GF bread available) amel cake M) Fruit &	Roast & potatoe Mixed ve V Quorn Fi Baked Beans, Cheese sandwich (G,S,M) (GF bread available Jelly, or Cheese & Cra	ng (G) Mashed s (M) getables llet Dinner V Cheese or Tuna sandwich (G, F, M) (GF bread available	V Broccoli V Quorn Chilli Con Carne (G) Tuna (M, F, E) each day Bean and Cheese Hot Wrap (G, M) (GF Bread Available) Iced Sponge (E,G) Fresh Fruit&	(GF Option) Chips Peas or V Baked Beans Southern Fr Burger No sc packed optior Frid Chocola Crunch (Fresh Frui	Burger (W) Chips Peas or V Bakec Beans ried Quo (G, M) hool lunch on a lay te G) t &
	Cheese sandwich (G,S,M) (GF bread available V Raspbe Muffin (M, Fresh Fru	Tuna sandwich (G, F M) (GF bread available erry G, E) it &	V Baked E Sweet V Cheese a Lattice (W, Jacket Pota Cheese sandwich (G,S,M) (GF bread available Cara crispy (G, Fresh F	Beans or corn and Onion M, S, Mu) toes with V Tuna sandwich (G, F, M) (GF bread available) amel cake M) Fruit &	Roast & potatoe Mixed ve V Quorn Fi Baked Beans, Cheese sandwich (G,S,M) (GF bread available Jelly, or Cheese & Cra (G,M)	ng (G) Mashed s (M) getables llet Dinner V Cheese or Tuna sandwich (G, F, M) (GF bread available	V Broccoli V Quorn Chilli Con Carne (G) Tuna (M, F, E) each day Bean and Cheese Hot Wrap (G, M) (GF Bread Available) Iced Sponge (E,G) Fresh Fruit&	(GF Option) Chips Peas or V Baked Beans Southern Fr Burger No sc packed optior Frid Chocola Crunch (Fresh Frui	Burger (W) Chips Peas or V Bakec Beans ried Quo (G, M) hool lunch on a lay te G) t &

MORNING SNACK & DRINKS AVAIILABLE EACH WEEK: Cup of juice 40p; Cup of milk 30p.