



Cuddington Primary School

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Headteacher: Mrs S Mills

Friday 10th May 2024

Dear Cuddington Families,

Mental Health Week 13th – 15th May

Next week we are proud to be taking part in Mental Health Awareness Week 2024. The theme is *Moving more for our Mental Health*. Being active is one of the ways we can support good physical and mental wellbeing.

Mental Health Ambassadors from Years 5 and 6 spoke to us in Celebration Assembly this morning about how we would work together to help our Mental Health and raise more awareness in this important area.

The children and staff have been challenged to track their active minutes in school to see which class can move the most! At the same time, we will be working together to help develop our whole school vision for Mental Health awareness. Watch this space for more news from Mrs Larbey (who is our Mental Health Leader).

On Friday 15th May, we would like to invite all our staff and children to come dressed for school in your favourite sports kit; to celebrate the diversity of sports and any other physical activity we enjoy at Cuddington. In exchange, we are asking for donations to our Tombola Stall at the Cuddington and Sandiway Gala on Saturday 8th June;

Reception, Year 1 and Year 2 – please send in donations of sweets and chocolate

Years 3 and 4 – please send in donations of ‘smellies’ – bubble bath/soap/deodorant etc

Year 5 and Year 6 – please send in any bottle donations – these can go in with your child or handed into the office

Sports Afternoon

It's almost time for Cuddington Olympics where all children will be included to score points for their country! Please ensure your child has their coloured t-shirt in school ready for Wednesday afternoon. Gates will open at 1.20pm and I am hoping you will all wave and cheer for your children as they come onto the field at 1.30pm. I hope you have all bought your flags from the PTA to wave along during the afternoon? Please follow the link on our PTA Face book page to order yours!

Thank you for Conway

Today, we welcomed our Year 4 children back from their 2 night residential to Conway – what beautiful weather they have all had! Please join me in thanking Miss Kennedy, Mr Hutchinson and Mrs Henderson for taking time away from their own families to support our Year 4 children in making really positive memories about their time in Year 4 😊 Next stop – Tattenhall for Year 2

Change of date for the PTA Colour Rush Fundraiser

Due to time constraints, our PTA have changed the date of their fundraiser to **Friday 19th July in the afternoon**

Year 5 Northwich Sings

Last Thursday, all year 5 children across Create Learning Trust came together with other Northwich Schools to perform 'Wind in the Willows.' This is a huge highlight of our school's calendar and it did not disappoint. We have many talented Year 5 performers which is now making me excited for our Key Stage 2 performance 😊



A 'Sense of Place' art exhibition for the Northwich Education Partnership (NEP)

Following on from last week's AMAZING Year 5 performance at Northwich Sings (thank you Year 5), our Year 2 and Year 4 children have collaborated to create 2 art pieces which will be exhibited in Vac Gallery Baron's Quay (Northwich) from 23rd May – 22nd June (Near to the Odeon Cinema)



Please go along and look at this art work, along with pieces from all other Northwich Schools.

We look forward to seeing as many of you as possible during our Sports Afternoon – please pray for dry weather!

Have a good weekend when it arrives,

Kind Regards,

Sue Mills (Head Teacher)