



Supporting Booklist – arranged in themes

Dear parents, Here is a recommended book list to support your child's learning and understanding of themes considered around Personal Development. Sharing stories, particularly at home is a really special and crucial way of talking and learning about themes around diversity and emotional, social, physical and mental health.

Please take time to review the content of the recommended books before deciding to share these with your children. These age recommendations from Coram Life Education are for guidance only. Please check and tailor your book choice to the emotional and developmental maturity of child.

Titles	Author	Age Guidance
Growth Mindset and Mental Health		
A handful of quiet: happiness in four pebbles	Thich Nhat Hanh	KS1, KS2
ABC Pride	Louie Stowell	KS1, KS2
All the ways to be smart	Davina Bell	EYFS, KS1, KS2
Alphabreaths: The ABCs of mindful breathing	Christopher Willard and Daniel Rechtschaffen	EYFS, KS1, KS2
And Tango makes 3	Justin Richardson and Peter Parnell	EYFS, KS1
Be Amazing: A history of pride	Desmond Napoles	KS2
Beautiful oops	Barney Salzberg	EYFS, KS1
Breathing makes it better: a book for sad days, mad days, glad days, and all the feelings in-between	Christopher Willard and Wendy O'Leary	EYFS, KS1
Hey there! What's your superpower?	Jayneen Sanders and Sarah Jennings	EYFS, KS1, KS2
I can do hard things	Gabi Garcia	KS1, KS2
Ish	Peter H Reynolds	EYFS, KS1
Mistakes that worked	Charlotte Foltz Jones and John O'Brien	KS2
The boy, the mole, the fox, and the horse	Charlie Mackesy	EYFS, KS1, KS2
Tilda tries again	Tom Percival	EYFS, KS1, KS2
Yes you can, cow!	Rashmi Sirdeshpande	EYFS, KS1
LGBT+		
Alien Nation	Matty Donaldson	KS1, KS2
If I had a 100 mummies	Vanda Carter	EYFS, KS1

Titles	Author	Age Guidance
Introducing Teddy	Jessica Walton	EYFS, KS, KS2
Julian is a mermaid	Jessica Love	EYFS, KS1
King & King	Linda de Haan and Stern Nijlan	EYFS, KS1, KS2
Mommy, Mama & Me	Leslea Newman and Carol Thompson	EYFS
My magic family	Lotte Jeffs and Sharon Davey	EYFS, KS1
My strong mind: A story about developing mental strength	Niels van Hove	EYFS, KS1, KS2
Pride: The story of Harvey Milk and the Rainbow Flag	Rob Sanders and Steven Salerno	KS2
Prince Henry	Olly Pike	EYFS, KS1
Proud of me	Sarah Hagger-Holt	UKS2
Equality, Diversity and Inclusivity		
A boy like me	Stephanie O'Connor	EYFS, KS1, KS2
A house for everyone	Jo Hirst	KS1, KS2
Ada Twist Scientist	Andrea Beaty and David Roberts	EYFS, KS1, KS2
All are welcome	Alexandra Penfold	EYFS, KS1
Freddie and the fairy	Julia Donaldson and Karen George	EYFS, KS1, KS2
Giraffes can't dance	Giles Andreae and Guy Parker-Rees	EYFS, KS1
Goldilocks and the five bear families	Olly Pike	EYFS, KS1, KS2
Good night stories for rebel girls	Elena Favilli and Francesca Cavallo	KS1, KS2
How to be extraordinary	Rashmi Sirdeshpande	EYFS, KS1
I am perfectly designed	Karamo Brown and Jason Brown	EYFS, KS1
It's ok to be different	Todd Parr	EYFS
Just like me	Louise Gooding, Melissa Iwai, et al.	KS2
Last stop on Market Street	Matt de la Pena and Christian Robinson	EYFS, KS1,
Little Dreamer: Visionary women around the world	Vashti Harrison	KS2
Little Leaders: Bold women in Black history	Vashti Harrison	KS2
Little Leaders: Exceptional men in Black history	Vashti Harrison	KS2
Made by Raffi	Craig Pomranz and Margaret Chamberlain	EYFS, KS1
My hair	Hannah Lee and Allen Fatimaharan	EYFS, KS1
My shadow is pink	Scott Stuart	EYFS, KS1, KS2

Titles	Author	Age Guidance
No difference between us	Jayneen Sanders and Amanda Gulliver	EYFS, KS1, KS2
Odd dog out	Rob Biddulph	EYFS, KS1, KS2
Perfectly Norman	Tom Percival	EYFS, KS1, KS2
Princess Penny and the pea	Olly Pike	EYFS, KS1, KS2
Princess Smartypants	Babette Cole	EYFS, KS1
Red- A crayon's story	Michael Hall	EYFS, KS1, KS2
Some kids use wheelchairs	Lola M Schaefer	KS1, KS2
Something else	Kathryn Cave	EYFS, KS1, KS2
Stories for boys who dared to be different	Ben Brooks and Quinton	KS1, KS2
The Flamingo who didn't want to be pink	Nicola Stone	EYFS, KS1, KS2
The Paper Bag Princess	Robert Munsch and Michael Martchenko	EYFS, KS1
The perfect fit	Naomi Jones and James Jones	EYFS, KS1
The Princess Knight	Cornelia Funk	EYFS, KS1, KS2
The proudest blue: A story of Hijab and family	Ibtihaj Muhammad	EYFS, KS1
The Smeds and The Smoos	Julia Donaldson and Axel Scheffler	EYFS, KS1
The ugly five	Julia Donaldson and Axel Scheffler	EYFS, KS1
We are family	Patricia Hegarty and Ryan Wheatcroft	EYFS, KS1
Who am I? I'm thinking about it	Anjli Shah	EYFS, KS1, KS2
Who's in my family?	Robbie H Harris	EYFS, KS1, KS2
Yes I can! A girl and her wheelchair	Jacqueline B Toner and Kendra J. Barrett	EYFS, KS1, KS2
You are awesome	Matthew Syed and Toby Triumph	UKS2
Feelings and Relationships		
A kiss like this	Laraunce Anhot	EYFS, KS1
Angry Ninja	Mary Nhin	EYFS, KS1, KS2
Augustus and his smile	Catherine Rayner	EYFS, KS1
Billy Brownmouse won't be good	Marco Campanella	EYFS, KS1
Blown away	Rob Biddulph	EYFS, KS1
Bug bear	Patricia Hegarty and Carmen Saldana	EYFS, KS1
Bullies, Bigmouths and So-Called Friends	Jenny Alexander	KS2
Cookie	Jacqueline Wilson	KS2
Dave's rock	Frann Preston-Gannon	EYFS, KS1
Everything changes	Clare Helen Welsh and Asa Gilland	EYFS, KS1

Titles	Author	Age Guidance
Feeling angry	Althea	KS1, KS2
Friends	Rob Lewis	EYFS, KS1
Grrrrr!	Rob Biddulph	EYFS, KS1, KS2
Have you filled a bucket today?	Carol McCloud	EYFS, KS1, KS2
How are you feeling today?	Molly Potter	EYFS, KS1, KS2
How do dinosaurs get well soon?	Jane Yolen	EYFS, KS1
How to be a friend	Laurie Krasny Brown and Marc Brown	EYFS, KS1
I love you (nearly always)	Ana Llenas	EYFS, KS1
I'm Happy-sad today	Lory Britain	EYFS, KS1, KS2
In my heart: A book of feelings	Jo Witek and Christine Roussey	EYFS, KS1
Kit kitten and the topsy-turvy feelings	Jane Evans	EYFS, KS1
Little lost fox	Carolina Rabei	EYFS, KS1
Little Owl's first day	Debi Gliori and Alison Brown	EYFS
Making friends	Amanda McCardie and Colleen Larmour	EYFS, KS1
Mine	Rachel Bright	EYFS, KS1
Monty the manatee	Natalie Pritchard	EYFS, KS1
My Mum and Dad make me laugh	Nick Sharatt	EYFS, KS1
On sudden hill	Linda Sarah and Benji Davies	EYFS, KS1, KS2
Simon Sock	Sue Henda and Paul Linnet	EYFS, KS1
Sometimes jokes aren't funny	Amanda F Doering	KS1, KS2
Sorry I forgot to ask!	Julia Cook	EYFS, KS, KS2
The boy with big, big feelings	Britney Winn Lee	EYFS, KS1
The butterfly club	Jacqueline Wilson	KS2
The colour monster	Anna Llenas	EYFS, KS1
The friendly witch	Rachel Elliot and Leo Broadley	EYFS, KS1
The girl who never made mistakes	Gary Rubenstein and Mark Pett	EYFS, KS1, KS2
The giving tree	Shel Silverstein	KS1, KS2
The huge bag of worries	Virginia Ironside	KS1, KS2
The kingdom of your mind	Hannah Ciepiela	KS2
The worry box	Suzanne Chiew and Sean Julian	EYFS, KS1
The Worrysaurus	Rachel Bright and Chris Chatterton	EYFS, KS1
Today I feel silly and other moods that make my day	Jamie Lee Curtis	EYFS, KS1, KS2
What if?	Anthony Browne	EYFS, KS1, KS2
What's worrying you?	Molly Potter	EYFS, KS1, KS2
Winston was worried	Pamela Duncan Edwards	EYFS, KS1
Words and your heart	Kate Jane Neal	EYFS, KS1
Worried Arthur: The big match	Joan Stimson and Jan Lewis	EYFS, KS1

Titles	Author	Age Guidance
You, me and empathy	Jayneen Sanders and Sofia Cardoso	EYFS, KS1, KS2
Bereavement		
Badger's parting gift	Susan Varley	EYFS, KS1, KS2
Let's talk about when someone dies	Molly Potter	EYFS, KS1, KS2
Lost in the clouds	DK and Tom Tinn-Disbury	EYFS, KS1
My pet star	Corrinne Averiss	EYFS, KS1,
No Matter What	Debi Gliori	EYFS, KS1, KS2
The dragon fly story	Kelly Owen and Helen Braid	EYFS, KS1, KS2
The invisible string	Patrice Karst	EYFS, KS1
The memory tree	Britta Teckentrup	EYFS, KS1
RSE		
A boy's guide to growing up (My body's changing)	Anita Ganeri and Teesa Martinez	KS2
A girl's guide to growing up. (My body's changing)	Anita Ganeri and Teesa Martinez	KS2
Amazing you!	Dr Gail Saltz	EYFS, KS1, KS2
A-Z of Growing up, puberty, and sex	Lesley de Meza and Stephen DE Silva	UKS2
Dr Dog	Babette Cole	EYFS, KS1, KS2
Everybody has a body	Jon Burgerman	EYFS, KS1, KS2
Growing up great! The ultimate puberty book for boys	Scott Todnem	KS2
Hair in funny places	Babette Cole	KS2
How to Grow Up and Feel Amazing! The No-Worries Guide for Boys	Dr Ranj Singh	KS2
How your body works	Judy Hindley	KS1, KS2
If big can...I can	Beth Shoshan and Petra Brown	EYFS, KS1
Keeping clean	Katie Woolley	EYFS, KS1
Let's talk about body, boundaries, consent and respect	Jayneen Sanders and Sarah Jennings	EYFS, KS1, KS2
Let's talk about sex	Robbie H Harris	UKS2
Let's talk about where babies come from	Robbie H Harris	KS1, KS2
Let's talk about girls, boys, babies, bodies, families and friends	Robbie H Harris	EYFS, KS1
Listening to my body	Gabi Garcia	EYFS, KS1, KS2
Living with a willy	Nick Fisher	KS2
Making a baby: An inclusive guide to how every family begins	Rachel Greener and Clare Owen	UKS2
Monkey Puzzle	Julia Donaldson and Axel Scheffler	EYFS, KS1
Mummy laid an egg	Babette Cole	EYFS, KS1, KS2
Mummy never told me	Babette Cole	EYFS, KS1

Titles	Author	Age Guidance
My body! What I say goes!	Jayneen Sanders and Anna Hancock	EYFS, KS1, KS2
No means No!	Jayneen Sanders and Cherie Zamazing	EYFS, KS1, KS2
Own your period	Chella Quint and Giovana Madeiros	KS2
Planet Omar (series)	Zanib Mian	KS2
Sex is a funny word	Cory Silverberg and F Smyth	UKS2
So much	Trish Cooke and Helen Oxenbury	EYFS, KS1
Some secrets should never be kept	Jayneen Sanders and Craig Smith	EYFS, KS1, KS2
The Autism friendly guide to periods	Robyn Steward	KS2
The growing story	Ruth Krauss	EYFS, KS1
The Nanny Goat's Kid	Jeanne Willis and Tony Ross	EYFS, KS1, KS2
The period book	Karen Gravelle	KS2
The puberty book	Wendy Darvil and David Powell	KS2
There is a house inside my mummy	Giles Andrae and Vanessa Cabban	EYFS, KS1
Topsy and Tim and the new baby	Jean and Gareth Adamson	EYFS, KS1
Welcome to your period	Yumi Stynes and Dr Melissa Kang	KS2
What makes a baby	Cory Silverberg	KS2
What's happening to me? (Female puberty)	Susan Meredith	KS2
What's happening to me? (Male puberty)	Alex Frith	KS2
When I grow up	Jon Hales	EYFS, KS1, KS2
Where did that baby come from	Debi Gliori	EYFS, KS1
Where do babies come from?	Katie Daynes, Christine Pym	KS1, KS2
Where Willy went	Nicholas Allan	KS1, KS2
Your mummy ate my football	Lynwen Jones	EYFS, KS1
Living in our World		
Bloom	Anne Booth	EYFS, KS1, KS2
Goldilocks (A Hashtag cautionary tale)	Jeanne Willis	EYFS, KS1
Harry saves the Ocean	N.G.K and Sylva Fae	EYFS, KS1
Not everyone is nice	Frederick Alimont, Ann Redesco, et al.	EYFS, KS1, KS2
Picture a greener future	Worcester Bosch Group	EYFS, KS1, KS2
The children's book of money sense	Sophie Giles and Kate Davies	EYFS, KS1, KS2
The Odd Fish	Naomi Jones and James Jones	EYFS, KS1, KS2
The Promise	Dr. Nicola Davies	KS2

Titles	Author	Age Guidance
The story of money	Martin Jenkins and Satoshi Kitamura	KS2
The world came to my place today	Dr Jo Readman and Ley Honor Roberts	EYFS, KS1, KS2
Tidy	Emily Gravett	EYFS, KS1
Unplugged	Steve Antony	EYFS, KS1

